

ISSUE No. 48

22 JULY 2018

Cathedral WEEKLY



SIXTEENTH SUNDAY IN ORDINARY TIME

WHAT MAKES A CATHEDRAL A CATHEDRAL? | FR. CHRISTOPHER HOUSE
REST & PRAYER | KATIE PRICE
FOOTBALL SEASON IS COMING | KYLE HOLTGRAVE

Cathedral WEEKLY

THE MOST REVEREND THOMAS JOHN PAPROCKI
NINTH BISHOP
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MASS TIMES: SAT 4PM, SUN. 7AM, 10AM, 5PM
WEEKDAY MASSES: MON. thru FRI. 7AM, 5:15PM and SAT. 8AM
RECONCILIATION (CONFESSIONS): MON-FRI 4:15PM- 5PM, SAT. 9AM-10AM, 2:30PM-3:30PM, and SUN. 4PM-4:45PM

New to Cathedral?

Are you new to the Cathedral community? Are you interested in becoming Catholic? We would like to meet you! If you would like to join us formally, you can head to <https://spicathedral.org/new-member-registration-form/>. If you have any questions, please contact Katie Price at kprice@cathedral.dio.org.

Give a Gift this Summer

Did you know that Cathedral has online recurring giving? You can easily set up your generous gift so anytime you are traveling or going to be away from the Cathedral one weekend, your generosity will still be impactful! To set up a recurring gift, please go to <https://spicathedral.org/give-online/> or call the Parish Offices for more information. Thank you!

MASS INTENTIONS FOR THE UPCOMING WEEK

Monday 23 July

7AM - Barb McGrath (Lisa Duffey)

5:15 PM - Mary Ann Midden (Bill Midden)

Tuesday 24 July

7AM -Kyle Beckman (Mom)

5:15 PM - Mary Ann Midden (Bill Midden)

Wednesday 25 July

7AM - Bredgetta Lenn (Rose & Joann Lenn)

5:15 PM - Thelma Judy (Karen Mueller-Fisk)

Thursday 26 July

7AM - Gene DeRuntz (Harry & Alberta Lang)

5:15 PM - Patricia Thomas (Tom & Deedee Nagy)

Friday 27 July

7AM -John Vogt, Sr. (Bill Vogt)

5:15 PM - Janet Fineshriber (Jim & Helen Lorden)

Saturday 28 July

8AM -Pat Shea (Family)

4 PM - Don Siddens (PJ, Ruth Staab & Family)

Sunday 29 July

7AM -John & Edith Bacalar (John Busciacco) 10 AM - For the People

5 PM - Father George Forelock (Leah, Sue Ellen & Jack Billington)

Like the Cathedral Weekly? Share this copy with a friend!



What Makes a Cathedral a Cathedral?

What makes the Cathedral church different from all other churches in a diocese? It is not a question of beauty or architecture or size or liturgical style. The simple answer to the question is one item: the cathedra or bishop's chair from which a cathedral derives its name.

Throughout history, chairs have been used as a symbol of authority, both in the Church as well as in secular society.

The pope, as Bishop of Rome, has his own Cathedral, but it is not the church that most people think that it is. Most people think that St. Peter's Basilica in Vatican City is the pope's cathedral but it is not. Vatican City is actually not a part of the city of Rome nor is it in Italy. The city of Rome and the Italian Republic surround it, but Vatican City State has its own sovereignty.

The pope's cathedral in Rome is the Cathedral of the Most Holy Savior and of Saints John the Baptist and the Evangelist in the Lateran, or popularly known as St. John Lateran or simply as "the Lateran."



It was gifted by the Emperor Constantine to the Church sometime in or after the year 313. In 324, Pope Sylvester I formally dedicated the Lateran as a place of worship, placing the cathedra of the Bishop of Rome inside of it.

Before our parish was the Cathedral Parish, it was known as Immaculate Conception Parish until the Holy See moved the see (seat) of our diocese to Springfield from Alton in 1923. The newly appointed diocesan bishop, Bishop Griffin, chose the church of Immaculate Conception Parish to be the pro-cathedral (temporary) until a new and larger cathedral church and complex could be constructed.

When our current church and plant were completed in 1928, it became the new location for the parish church as well as the mother church of the diocese by being designated as the Cathedral.

Sometimes you will hear of churches referred to as basilicas, which is a different designation from a cathedral, although some cathedrals are basilicas, such as the Cathedral Basilica of St. Louis in the Archdiocese of St. Louis. A basilica is a church that is given a special honorific designation by the pope, generally for its historical or its artistic merit. Basilicas have a few special privileges attached to them such as a special bell called a tintinnabulum and a special red and yellow umbrellino (umbrella), which bears the coats of arms of the pope, diocesan bishop, and others historically connected to the particular basilica. Almost all basilicas are termed minor basilicas. There are only four major basilicas, one being in the Vatican State and three in Rome: St. Peter's in the Vatican, St. John Lateran, St. Paul's Outside the Walls, and St. Mary Major. The Lateran has the distinction of being an archbasilica because it is the oldest of the four major basilicas.

In the next edition of The Weekly, we will look at some of the unique features of how Mass is celebrated by the bishop, especially here in the Cathedral.

Father Christopher House is the Rector-Pastor of the Cathedral and serves in various leadership roles within the diocesan curia, specifically Chancellor and Vicar Judicial.



STEWARDSHIP



Rest & Prayer



As some of you may know I am currently in my second trimester, almost six months pregnant, with twins. The joy and excitement my husband, daughter and I feel is overflowing! We are incredibly excited and very much in "twin planning mode!" What will they need? Do we need two of everything?

How will the car work with three car seats? Will we ever be able to sleep again? This Sunday's Gospel speaks to me, it reassures me that rest in this overwhelming world of ours is equally important to our lives and daily tasks.

It is easy to get caught up in a "To-Do" list. If you are like me, you may have a hard time saying, "No," which means you might be over extending yourself often! It is hard for those of us serving in ministry to be able to pause and rest. We almost get a sense of guilt if we say no or if we take time to ourselves. But, how else can we listen and be open to hearing God if we don't make the time to be quiet? It is often through rest, reflection, and silence that we can draw closer to Him, it is not like he has a megaphone on standby!

My daughter has a hard time napping, in fact a hard time getting to sleep at any time. I can imagine I was similar when I was her age (5). Singing, talking with her stuffed animals, or "reading" to her Barbies, is a more engaging and fun activity than closing your eyes and silence. As she says, "Sleeping is boring." Oh the joy of

being young! Her actions remind me how hard it is for us to slow down. Rest is just as essential to her young growing mind and body, as it is to mine. If prayer is essential and intentional, so too must our commitment to rest and silence.

As Jesus encouraged his disciples to rest, he too encourages us to take time for ourselves. I often tell Gracey, Jesus likes to whisper little secrets just for you to hear, so quiet time is essential to a friendship with Him. How can we take time to find rest and silence in this busy world?

Here are some tips:

- Find a quiet place, all to your own, where you can commit to being in silence when you are there. Maybe a room in your house, a park bench, or a pew in church.
- Set aside 1% of your day to silence and prayer. This can be just 15 minutes a day! If you set aside this time before bed, you might have an easier time falling asleep!
- Explore the silence by journaling afterward. As you sit in silence, your mind may tend to drift. It takes practice to control your mind. Perhaps writing down where your mind is drifting might indicate items controlling too much of your time.
- Remember, being comfortable in silence takes practice. Being intentional about rest is important and essential. Don't worry, that "To-Do" list will be there when you get back!

Katie Price is the Coordinator of Stewardship and Discipleship at the Cathedral. She can be reached at the Parish Offices 522-3342 or via email at kprice@cathedral.dio.org.

Stewardship Activity

Stewardship of Time & Talent

Summer plans can lead to lower Mass attendance, which leads to a greater need for volunteer and financial support. Please consider stewarding your talents in Liturgical Ministry this summer or sharing an extra gift toward the offertory during these summer months.

Stewardship of Treasure- July 14th & 15th

Envelopes:	\$5,604.55
Loose:	\$3,498.25
Maintenance:	\$105.00

TOTAL: \$9,207.80

Needed to operate weekly: \$15,907.89

Difference: \$6,700.09

June EFT (\$17,471.55)

Sacramental News

Please pray for Barb McGrath, deceased member of the Cathedral Parish. May she rest in peace.

We will also publish recent Baptisms and Marriages in this section of the *Weekly*.

Parishioner News

As we start to prepare for the fall *What's for Dinner* program, we need your help! The *What's for Dinner* program meets the first Thursday of the month. If you are able to provide childcare during the program, please contact the Parish Offices. We want to continue providing an evening of family formation for the Parish!

Have some news you would like to share? Please email Katie Price at kprice@cathedral.dio.org.



Football Season Is Coming

You might think it strange that, here in the height of the summer and baseball seasons that I would be writing about football. Why? Because I love football! The fall season is arguably my favorite time of the year not just because the seasons are changing and the weather gets a little cooler. More importantly, the fall season brings us football season as well, one of my favorite activities!

I'm not sure how or when I got hooked on football. The sport was not a mainstay in my family entertainment schedule. But I started playing in 7th grade on a 6-man league followed by a move up to the full 11-man teams in 8th grade. When it came time to register for high school, I was eager to meet the freshman football coach and start practicing at the high school level. By the time I graduated high school, I had two varsity letters and lots of fond memories on the gridiron. These hot, humid days, mixed with the smell of fresh cut grass, remind me of late summer practices on the practice field.

Why am I spending so much rhetoric on football? Did I mention that I love football? Because I love football so much, I know the difference between a quarterback, fullback, halfback, cornerback and nickelback. You don't have to explain to me what the significance of the line of scrimmage is, or why the line of gain is so important to both the offense and defense. I enjoy watching the game, whether it's at a local high school matchup or a nationally televised broadcast of a collegiate or professional game. One of my daughters will often ask me which team I plan to cheer for when they announce a game and when I don't really care which team wins I might reply with something like, "whoever is wearing the white uniform." It doesn't matter who wins, I just really enjoy football.

In contrast to my love of football, I do not particularly care for math. It's not that I don't value math – good math skills are important and are used every day! Academically, I struggled with math in school. As hard as I tried with homework and extra help with my teachers, if I got a C on a test, I was excited! My mom, of course, was not, and was always on me about my grades! I took college prep level classes in high school and I can vaguely remember concepts like sine and cosine, the Pythagorean Theorem and the FOIL method. But because I did not love math, I did not strive for excellence in my math studies. I endured my

math lessons and am happy to not have to endure those lessons again.

If you are still reading this article, you are probably wondering where I am going with this story. I'm writing about my experiences growing up to illustrate an important point about discipleship. In my time here as part of the bishop's curia staff, I've had numerous conversations about how we catechize our young people. Invariably during these conversations, I'll hear something about how we need to do a better job of communicating the faith to the next generation. Many people lament to me about how deficient young people are in their knowledge of the faith. While I certainly agree that we can all learn more about our faith, I've tried time and again to explain to my conversation partners how catechesis is not the problem.

The problem, in my opinion, is that we as the Church have not effectively evangelized our young people. We have many fine catechists who present the Catholic faith through an organized and systematic curriculum that can effectively transmit the truths about our faith.



Yet, despite effective catechesis, the statistics about the religiosity of young people paints a bleak picture – roughly 8 out of 10 (79%) young people leave the Catholic Church by the age of 23. What gives?

If we are effectively catechizing, why are young people still leaving the Church? Young people are leaving the Church not because of poor catechesis. They are leaving because

they have never had a conversion experience that helped them experience Christ in a personal way.

Let me explain... Did I mention I love football? And that, because I love football, I do a lot to actively seek out opportunities to interact with the sport? Faith is so much more than the facts and information that we study in catechesis. If we want young people to become life-long disciples of Jesus Christ, we need to help our young Church fall in love with Him and to have a personal encounter so that Jesus is alive and real in their lives. When we fall in love with Jesus, just like how I fell in love with football, we will eagerly seek out ways to grow closer to Him and His Church. Otherwise all the catechesis in the world will be of little help, much like how all the instruction in the world did little to help me grow in understanding of math because I did not love the subject the same way I love football (did I mention I love football???)

Continued from p.5

What I have learned through this reflection is that our focus in ministry should be on conversion! Without a metanoia experience, a turning point in a young person's life, catechesis will do little to motivate anyone to be a life-long disciple of Jesus. Not that we should completely abandon the head knowledge (catechesis). Unless hearts are won over for Christ (evangelization), we will be nothing more than a resounding gong or a clashing cymbal because we do not love Jesus (I read something about this in 1 Corinthians 13!)

How do we convert hearts to Jesus Christ? Start by telling your own story.

Why are you a disciple of Jesus Christ? What is it about being Catholic that excites you the most? What experiences did you have in your life where you felt a close and personal connection with Jesus Christ? Share other people's experiences, too. We have this wonderful example from holy men and women who have gone before us called the Communion of Saints. Their stories paint an amazing mosaic of the many and unique ways each of these holy men and women encountered Jesus Christ. Immerse young people in the richness of our



Catholic traditions! The smells and bells of Liturgy are meant to bring all our senses into the experience of the sacred. Finally, don't forget to pray!

Converting hearts to Christ relies thoroughly on God's grace and we should constantly pray that we be effective witnesses of that grace.

I love Jesus more than I love football. And because of my love for Him I do everything I can to learn more about Him and His Church, just as I do because of my love for football. Our challenge as disciples is to find ways to help young people fall in love with Jesus so that they, too, pursue Christ with the same passion that I pursue football.

Kyle Holtgrave is the Director of the Office for Youth and Young Adult Ministry for the Diocese of Springfield, IL. Kyle and his family are also longtime

Cathedral Parishioners. You can contact Kyle and find out more information on the Diocese of Springfield website: <http://www.dio.org/youthministry>

Recognize God In Your Ordinary Moments

My daughter can easily become overwhelmed by having so much to do. She recently graduated from high school, and many times during those four years, she found herself going crazy from being involved in so many things. Sports, drama, youth group, homework, friends, and more all demanded a slice of her attention. Sometimes the slice of time that remained wasn't much and one does have to sleep!

A good everyday steward can get caught up in doing so much and giving so much that he or she loses sight of the fact that you cannot give what you do not have. If you have no time left, you cannot give that. If you have no energy left, you cannot give that. Finally, if you find yourself agitated and overwhelmed, you cannot give that which others benefit from the most: YOU!

Even when we plant seeds in a garden after tilling and watering the soil, we must rest and wait for there to be growth. If we do not take time to rest and recharge, we are not allowing time for God's grace to bring forth new life in us. We fear that things will suffer without us, but the truth is that no one is benefiting from our fatigue. We can think we are giving but really we are empty. Take some time and rest in your God. Retreat and recharge. Then you will be able to share once again.

-Tracy Earl Welliver, MTS

Scripture Questions

First Reading: JER 23:1-6

The prophet Jeremiah informs "the shepherds" (the religious leaders of Judah) of God's disapproval of their neglect of and apathy toward His people. How well do you treat the needy in your midst?

Second Reading: EPH 2:13-18

Paul speaks to the Ephesians how the cross of Christ is meant to bring unity to all believers. Where do you see this unity in the Church today?

Gospel Reading: MK 6:30-34

Jesus taught his disciples the importance of rest. How does rest bring about spiritual renewal for you?

Sharing the Gospel

Have you ever just wanted to be alone for a while? Jesus and his disciples knew what that felt like. They wanted to be alone to talk and rest, but crowds of people were surrounding them. Even when Jesus and his disciples tried to slip away unnoticed, people followed them anyway. They arrived only to find more crowds of people. This was certainly not the quiet time they had planned on. Being patient and kind, Jesus gave up what he wanted, and he began to teach the crowds.

MK 6:30-34

Let Us Pray

Lord,

Thank you that Jesus gave up what he wanted, just so he could help other people. Help me to follow his example. Amen.

Amen.



Word Search

Circle these words from today's Gospel in the puzzle:

PLACE	GOING	SHEPHERD
APOSTLES	BOAT	PEOPLE
ALONE	CROWD	TEACHING

F T G E R T H A O S P
E A L O N E L R T U E
R P N D I T O J S H O
B O A T O N L D I M P
E S V R T I G T H Y L
P T H A D O N G A C E
N L U G T B U T S R M
T E A C H I N G Y O A
P S O C L W C O I W N
G A S H E P H E R D T

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Mission for the Week

Spend some alone time with Jesus tonight. If you get interrupted because someone else needs help, that's okay. Go help, and then come back to your alone time with Jesus again.

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Growing with the
GOSPEL



Mark 6:30-34 ■ 16th Sunday in Ordinary Time

CYCLE B



Read the Gospel and Color



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TEXT: B1070T16_gg2nd3rd.txt

COLORING GRAPHIC: B1070T16_gg5.tif

Name _____