

STAFF CHANGES | FR. CHRISTOPHER HOUSE

GETTING TO KNOW REV. MICHAEL FRIEDEL | KATIE PRICE

WHY ACCOMPANIMENT INVOLVES APOLOGETICS | BISHOP ROBERT BARRON



THE MOST REVEREND THOMAS JOHN PAPROCKI

NINTH BISHOP
OF SPRINGFIELD IN ILLINOIS

THE VERY REVEREND CHRISTOPHER A. HOUSE, V.J. RECTOR

THE REVEREND WAYNE STOCK

PAROCHIAL VICAR

THE REVEREND MICHAEL FRIEDEL

PAROCHIAL VICAR

DEACON IRVIN LAWRENCE SMITH

DEACON T. SCOTT KEEN

KATIE M. PRICE, M.P.S., CFRE

EDITOR

KPRICE@CATHEDRAL.DIO.ORG

LISA A. DUFFEY

ASSOCIATE EDITOR/ CATHEDRAL SECRETARY LDUFFEY@CATHEDRAL.DIO.ORG

524 EAST LAWRENCE AVENUE SPRINGFIELD, ILLINOIS 62703 217.522.3342 - CATHEDRAL OFFICE SPICATHEDRAL.ORG

MASS TIMES: SAT 4PM, SUN. 7AM, 10AM, 5PM
WEEKDAY MASSES: MON. thru FRI. 7AM, 5:15PM and SAT. 8AM
RECONCILIATION (CONFESSIONS): MON-FRI 4:15PM- 5PM, SAT. 9AM-10AM, 2:30PM-3:30PM, and SUN. 4PM-4:45PM

New to Cathedral?

Are you new to the Cathedral community? Are you interested in becoming Catholic? We would like to meet you! If you would like to join us formally, you can head to

https://spicathedral.org/new-member-registrationform/. If you have any questions, please contact Katie Price at kprice@cathedral.dio.org.

Give a Gift this Summer

Did you know that Cathedral has online recurring giving? You can easily set up your generous gift so that anytime you are traveling or going to be away from the Cathedral for a weekend, your generosity will still be impactful! To set up a recurring gift, please go to

https://spicathedral.org/give-online/ or call the Parish Offices for more information. Thank you!

MASS INTENTIONS FOR THE UPCOMING WEEK

Monday 6 August

7 AM - Julie Kemp (Family) 5:15 PM - Joyce Geitz (James Wilfinger)

Tuesday 7 August

7 AM - Julie Kemp (Family) 5:15 PM - Gene DeRuntz (Louie & Shirley Vaughn)

Wednesday 8 August

7 AM - Deceased Members of the Vincent Darrigo Family (Jeannette Giannone)

5:15 PM - Janet Fineshriber (Jim & Helen Lorden)

Thursday 9 August

7 AM - Gene DeRuntz (Louie & Shirley Vaughn) 5:15 PM - Judith Coy (Celeste Crowley)

Friday 10 August

7 AM - Barb McGrath (Helen Guernsey) 5:15 PM - Eleanor Pryor (Barbara Bitschenauer)

Saturday 11 August

8 AM -Mathias Bates (Bates Family) 4 PM - For the People

Sunday 12 August

7 AM -Mary Ann Midden (William Midden) 10 AM Charles & Mercedes Nesbitt (Kathy Frank)

5 PM - Teddy Burmeister (Rob & Jan Sgambelluri)

PARISH LIFE





Staff Changes

This past week we said goodbye to **Dominic Vahling**, a seminarian for our diocese who has spent the past eight weeks with us here at the Cathedral. I know that the vast majority of you did not get to know Dominic more than just a handshake after Mass, but his time here has been one more piece of his formation for

priesthood which, God-willing, is in just under two years' time.

After some time with his family, Dominic will be returning to Kenrick-Glennon Seminary in St. Louis to finish his last two years of seminary formation and preparations for his Diaconate ordination this coming spring. I am grateful for the goodness that Dominic shared with us in



his short time in the parish.

Please join me in keeping him in prayer that God will continue to bless Dominic with every grace that he needs to continue to both hear and answer the Lord's call in his life.

At the same time, I am very happy to welcome a new member of staff to the Cathedral Parish. **Vicki Compton** is joining the Cathedral staff, having most recently served as the director of the Office for the Missions for our diocese. Vicki will be serving as the parish's Coordinator for Faith Formation and Mission. Her ministry will be very broad in that she will help the

Cathedral clergy in many aspects of parish life, from faith formation and catechesis to ministry formation to helping us constantly examine how we are responding to the call of the Gospel as a parish. One major area of assistance that she will be assisting with is our parish implementation of the goals the Fourth Diocesan Synod that was held this past year.



I was privileged to visit the missions in Haiti and Belize with Vicki, along with making a pilgrimage for peace and justice to

the Holy Land with her and other pilgrims from our diocese this past December. Before serving as director of the Office for the Missions, Vicki lived in the missions in Haiti for a few years and has also served as a Catholic schoolteacher and principal in our diocese. Vicki is a very welcoming person with a passion for the Gospel and the Church's mission. She is a welcome addition to our staff and I look forward to you getting to know her. Please pray for her in this time of transition.

God bless you and yours in the week ahead!

Father Christopher House is the Rector-Pastor of the Cathedral and serves in various leadership roles within the diocesan curia, namely Chancellor and Vicar Judicial.

Stewardship Activity

Stewardship of Time

As summer starts to wind down and the busy fall is upon us, we might find it hard to steward our time toward God. One idea to help manage your time is to try turning off the radio and cell phone on your commute and pray a devotional such as the rosary.

Stewardship of Talent

Each of us has been blessed with talents. Consider reaching out to the Parish Offices to explore how you can be a part of utilizing these gifts for the community.

Stewardship of Treasure- July 21st & 22nd

Envelopes: \$4,596.60 Loose: \$3,836.50 Maintenance: \$80.00

TOTAL: \$8,513.10

Needed to operate weekly: \$15,907.89

Difference: \$7,394.79 July EFT (\$17,586.10)

Sacramental News

Please pray for parishioner Margaret Herman, who passed away.

Join us in prayer and celebration for parishioner couples, who received the Sacrament of Marriage:

Mr. & Mrs. Barry Seng and Mr. & Mrs. Christopher True

Parishioner News

Thank you to the many volunteers and countless hours that have gone into making the Cathedral CCCW Annual Garage Sale a success! What an amazing display of stewardship!

Have some news you would like to share? Please email Katie Price at kprice@cathedral.dio.org.

WELCOME





Getting to Know Rev. Michael A. Friedel

I sat down with Fr. Michael Friedel to get to know him and his ministry. We are excited to welcome him to our community!

Where were you born/raised/family life?

I was born and raised in East Alton, IL, and my home parish is Holy Angels in Wood River. My parents, Joe and Trish, patiently raised me and my brother, Daniel (who is 13 months older than me), sending us to Catholic grade school and high school. I am truly blessed to have such a good family, and I think we're all enjoying learning what having a priest in the family looks like!

What was college like for you and when did you discern the priesthood?

I attended the University of Illinois at Urbana-Champaign, majoring in Chemical and Biomolecular Engineering. I graduated with that degree in 2011, immediately before entering seminary at Mundelein. I spent two very happy years there before making the journey to Rome for theological studies—where I've been for the past five years.

As for how I ended up in seminary—your guess is as good as mine! I got very involved in St. John's Newman Center on the campus of U of I. There, I met some of the most authentic people I've ever met—men and women, in a secular collegiate setting, who were earnestly striving to be what God wanted them to be. Somewhere between that and a bit of disenchantment with chemical engineering, I realized that God was flooding my heart with peace and joy in the opportunities I had to serve Him and the Church. After a period of repeating "yeah, but Lord...," I decided to apply for seminary, and I've not regretted it for a second.

Who influenced you in considering a vocation to the priesthood?

The list is long! My family, first and foremost. Without the guidance and support from my parents, the seedbed of my vocation might never have been. My brother was actually in seminary and discerning religious life for several years, so thanks to his courage in pursuing God's will for him, seminary didn't seem so strange for me. I also had several priests growing up who showed me that priests aren't completely unrelatable (which I was wont to think as a grade/high schooler). Finally, I'd say my spiritual director at University of Illinois, who was an amazing priest who encouraged me to pursue priesthood. His example and joyful presence in those initial moments of discernment was huge.

What would people be surprised to learn about you?

I have seen over four hundred different species of wild birds in my life.

What are your favorite movies/shows?

I don't make a lot of time for television or movies, but I like to joke that my taste in television most closely resembles that of an old man. I'm a huge fan of "Jeopardy!".

Any special talents or favorite hobbies?

I love traveling! I have always enjoyed singing and being in choirs. I also enjoy cooking, though I don't make much time for it. Growing up, my family and I were avid birdwatchers, which took us to many national parks and beautiful scenic places around the country.

What do you like most about being a priest?

Although they were the things I most feared entering seminary, two of my greatest joys are preaching and hearing confessions. Celebrating Mass I also find to be a uniquely intense moment of communion with God and His Church. Definitely, though, part of what got me thinking about ministry was the way that I felt God calling me to live my life in communion with others and service to the People of God—so I have found ministry to be very fulfilling, in both regards!

Favorite spiritual book/podcast/website you frequent?

"He Leadeth Me" by Walter Ciszek. If you haven't read it, do it! My favorite podcast is definitely Catholic Stuff You Should Know, partly because I'm good friends with two of the priests who do the podcast (although to be honest, I spend months away from it and then tend to binge episodes).

What advice would you give to a young man who is contemplating a vocation to the priesthood?

Trust the Lord's plan for you. Talk about it (especially with priests or other people who might be thinking about it). Invest a little in the Church and discover how amazingly life-giving a true and fulfilled life in the Church really is. God's plan for us is always way more incredible than anything we could ever plan for ourselves, and so I promise you that—even if it isn't always easy—if God is calling you, you will find peace and joy in a way you never thought imaginable. It's an amazing life, no matter what His plan for you is. Follow Him and trust!

Katie Price is the Coordinator of Stewardship and Discipleship at the Cathedral. She can be reached at the Parish Offices, 522-3342 or via email at kprice@cathedral.dio.org.

FORMATION





Why Accompaniment Involves Apologetics

I recently granted an interview to the National Catholic Reporter concerning the upcoming Synod on Young People, the Faith, and Vocational Discernment, to which I was elected a delegate. We discussed a number of topics, including the rise of the "nones," the purpose of the Synod, and creative ways of listening to

the concerns of young people. In the course of the conversation, I also stated that I would bring the issue of apologetics before the Synod, since so many young people have questions about, and objections to, the faith. But when the interview appeared, the author expressed her puzzlement that I would mention apologetics, though it is clear that the working document calls for "accompaniment" of young people. It seems many think doing apologetics and accompaniment are mutually exclusive. To my

mind, they're mutually implicative. Of course, especially in our context today, a brow-beating, "I've got all the answers" approach is counter-indicated. But apologetics as such is needed more than ever—and more to the point, is perfectly congruent with Pope Francis' insistence on walking with those who struggle with the faith.

I don't know any better illustration of what this looks like than the account of Jesus' conversation with two erstwhile disciples on the road to Emmaus. The story commences with the couple walking the wrong way. Everything in the Gospel of Luke moves toward Jerusalem, the city of the cross, the Resurrection, the

sending of the Spirit, the birth of the Church. Thus, venturing away from the center, they are evocative of all of us sinners who, to varying degrees, wander on wrong paths. Suddenly, walking with them, though they are prevented from recognizing him, is the Lord Jesus. He does not announce himself; he does not launch into a discussion of theology; he does not tell them what to think or how to behave. He walks with them in easy fellowship, even though they are going the wrong way, and he gently asks what's on their minds: "What are you discussing with each other as you walk along?"

All that the left quite rightly finds attractive in accompaniment is on display here: tolerance, the willingness to enter the psychological space of those who are lost, non-aggressiveness, listening, etc. And this patient approach indeed bears a good deal of evangelical fruit, for Jesus discovers that they know quite a bit about him: "A prophet mighty in deed and word before God and all the people, and how our chief priests and leaders handed him over to be condemned to death and crucified him....Yes, and

besides all this, it is now the third day since these things took place. Moreover, some women of our group astounded us...and told us that they had seen a vision of angels who said that he was alive." But it also reveals how much they didn't know, and this invites a decisive turn; the patient, listening Christ becoming pretty directive: "Oh, how foolish you are, and slow of heart to believe all that the prophets declared!" And with that, Jesus launches into a very rich apologetic, placing the events of the cross and Resurrection within the interpretive context of the Old Testament, taking the couple through a master class in Scripture and theology.

It shouldn't be too difficult to see how this story provides a template for the evangelical accompaniment of young people today. Yes indeed, friendship and respectful listening are indispensable. Walking with even those who are alienated from the Church is always the right thing to do. Browbeating, moralizing, and haranguing are to be avoided. However, accompaniment does not simply mean wandering around with someone! As the Emmaus account clearly demonstrates, the

gentle, invitational approach aroused questions that then called for answers. Jesus loved them, walked with them, elicited what they knew-and then he taught, with clarity, at length, and in depth. And so young people today (who, trust me, have myriad questions about religion) are hungry and thirstynot just for friendly companions, but for a word from the Church. The term "apologetics" is derived form the Greek apologia, which simply means "bringing a word to bear." It implies, therefore, giving a reason, providing a context, putting things in perspective, offering direction. How wonderful that, recalling Jesus' great apologetic intervention, the Emmaus disciples said, "Were not our hearts burning within us, while he

was talking to us on the road, while he was opening up the Scriptures to us?" Young people will feel the same way today if the Church both walks and talks with them.

As long as we're exploring etymology, it is instructive, by way of conclusion, to examine the roots of the word "accompaniment." It comes from the Latin cum pane (with bread). To accompany is not just to be with someone; rather, it is to share bread with that person, to give and to receive life. In the evangelical context, therefore, true accompaniment goes beyond fellowship. It has to do with offering the bread of life.

Bishop Robert Barron is the founder of Word on Fire Catholic Ministries and Auxiliary Bishop of the Archdiocese of Los Angeles. Bishop Barron's latest film series and study program, CATHOLICISM: The Pivotal Players, debuted in September 2016 and has been syndicated for national television. This article can be found at https://www.wordonfire.org/resources/article/why-accompaniment-involves-apologetics/5861/.



EVANGELIZATION



Mission Appeal August 4th and 5th

This weekend, Rev. Dr. James Okoye, CSSp, visited our parish to speak at the Masses about the missionary work of the Church and in particular that of the Spiritans (Congregation of the Holy Spirit, previously known as the Holy Ghost Fathers). To learn more about the Spiritans, please visit their website at http://spiritans.org.

This visit is part of a national program in which annually a representative of one of the missionary groups visits parishes



of the Diocese to invite the parish to share in the mission work of the universal Church. The Spiritans are an international

community engaged in a wide range of missionary activity in over 60 countries throughout the world.

Fr. Okoye is the Director of the Center for Spiritan Studies at Duquesne University in Pittsburgh, PA. His ministry as a priest has included congregational leadership as Provincial of the Nigerian Congregation of Spiritans and



General Assistant in the Congregation's headquarters in Rome.

When Jesus said: "You shall witness to me in Jerusalem and in Samaria and to the ends of the earth," He made the spread of the Gospel an essential part of our Catholic life.

We urge you to respond generously to Father Okoye's appeal. Thank you for your generous support!

For more information please see their website at http://spiritans.org and if you have any questions please call the Parish Offices.

Everyday Stewardship

As human beings, we seem to have a wide array of insatiable desires. We long for more money, more time, and more stuff. We spend millions of dollars each year on remedies for our overeating. We look to our neighbors to see what they have that we want so we can keep up with them in the race toward happiness. We look for instant gratification only to find that our hunger for whatever it is remains intact.

Stewardship is the pathway to curbing all those cravings. On this journey, we let go of things that keep us tied down to this world and tied up in our sin. All that we have becomes instruments for God to use in our lives and the lives of our neighbors. When we have detached from enough in this world, we find out the truth: Nothing on earth can truly satisfy our cravings completely. Jesus Christ is the sole answer for our needs and desires.

Although the truth is right in front of us at each and every Mass in the Eucharist, we can easily spend our days in denial of that truth. It takes trust to step out in faith and give it all over to God. We are all called to let go and let God be God. Answering the call is easier said than done. However, if we can finally make that bold move, we will find ourselves completed by the One who was with us all along.

--Tracy Earl Welliver, MTS

Scripture Questions

First Reading: EX 16:2-4, 12-15 This reading from Exodus takes place in the early stages of Israel's 40-year desert journey. What do you think the Lord is trying to teach the Israelites?

Second Reading: EPH 4:17, 20-24 Paul challenges the Gentile Christians of Ephesus to think and act in a new way as believers in Jesus. What makes this spiritual exercise so difficult for believers of any age?

Gospel Reading: JN 6:24-35 Over the next four Sundays, the Gospel readings come from Jesus' extended Bread of Life Discourse. Jesus begins by describing himself as sent from God as "the bread of life." How does this metaphor for Jesus speak to you personally?

FAMILY CORNER



Sharing the Gospel

Just one day earlier, Jesus multiplied five loaves of bread and two fish to feed over five thousand people. In today's Gospel, some of those people came looking for Jesus, hoping to get another free lunch. They didn't understand that Jesus wants all people to believe in him. Through faith in Jesus, you can live forever. In heaven you will never be hungry or thirsty again.

JN 6:24-35

Let Us Pray

Lord,

God, fill me up with love for Jesus. Help me to think, talk, and act in ways that would help me live out my call to being a disciple.

Amen.

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Mission for the Week If you believe in Jesus, you can look forward to heaven one day. Read Revelation 21:3-7 with your family. Heaven will be wonderful!							

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