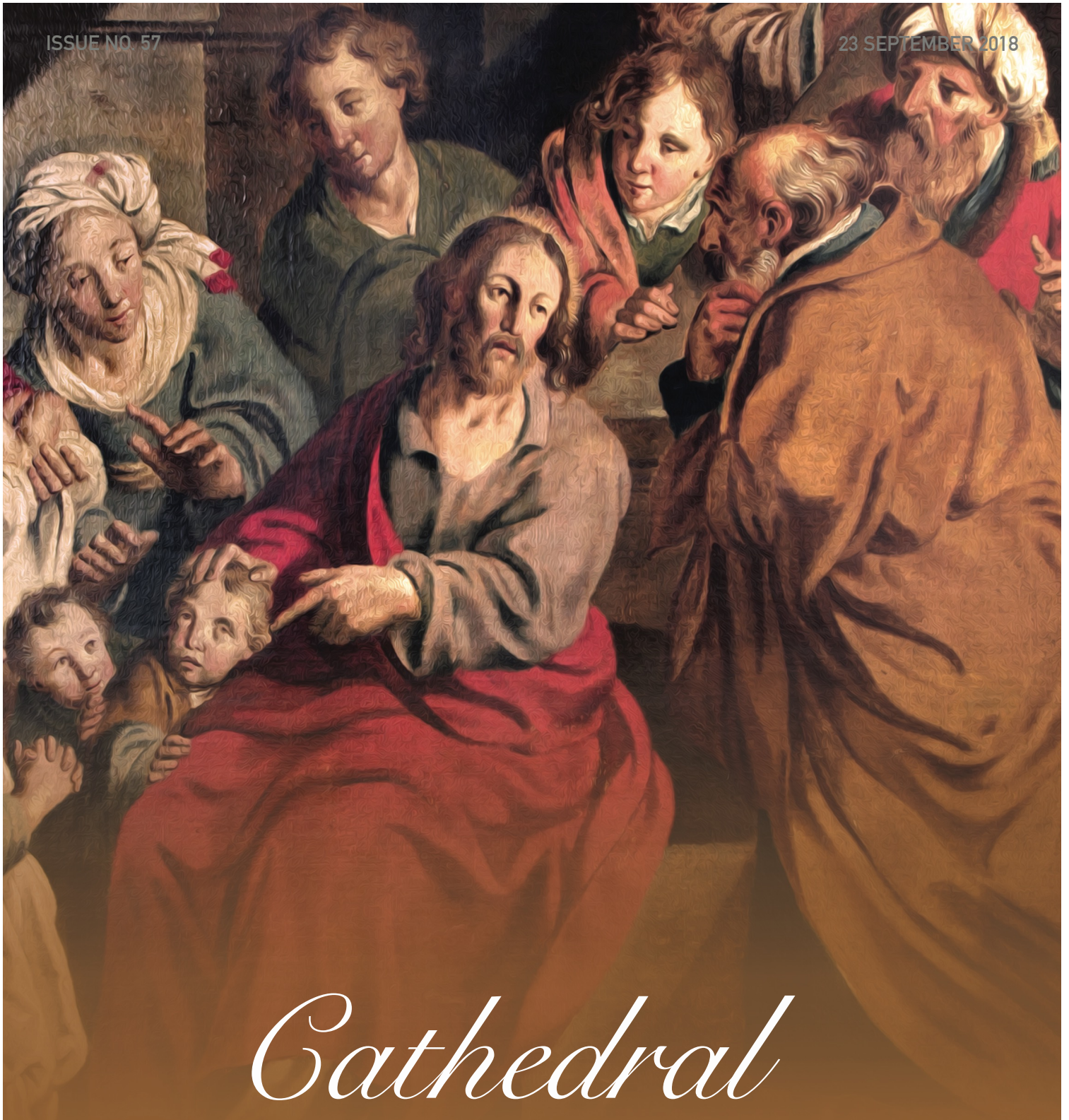


ISSUE NO. 57

23 SEPTEMBER 2018



Cathedral WEEKLY

TWENTY-FIFTH SUNDAY IN ORDINARY TIME

STRAIGHTENING OUT THE GOLDEN RULE | DOMINICANS OF THE PROVINCE OF ST. JOSEPH
HOW DO WE BEGIN LIVING A STEWARDSHIP WAY OF LIFE | KATIE PRICE
HOW TO KEEP YOUR FAITH EVEN WHEN YOU ARE JUST NOT FEELING IT | SARAH COFFEY

Cathedral WEEKLY

THE MOST REVEREND THOMAS JOHN PAPROCKI
NINTH BISHOP
OF SPRINGFIELD IN ILLINOIS

THE VERY REVEREND CHRISTOPHER A. HOUSE, V.J.
RECTOR

THE REVEREND WAYNE STOCK
PAROCHIAL VICAR

THE REVEREND MICHAEL FRIEDEL
PAROCHIAL VICAR

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MASS TIMES: SAT 4PM, SUN. 7AM, 10AM, 5PM
WEEKDAY MASSES: MON. thru FRI. 7AM, 5:15PM and SAT. 8AM
RECONCILIATION (CONFESSIONS): MON-FRI 4:15PM- 5PM, SAT. 9AM-10AM, 2:30PM-3:30PM, and SUN. 4PM-4:45PM

Diocesan Victim Assistance is available. For the Diocesan Victim Assistance Coordinator, please contact: Patricia Kornfield at 321-1155.

First CCCW Meeting

All women of the Parish are invited to join us Tuesday, September 25th in the school hall at 6PM. The current officers will be providing a light dinner. We will have our election of officers, a report on the result of the garage sale and information on our upcoming fundraising plans. We are looking forward to a prayerful and productive year.

Knights of Columbus Annual Steak and Whiskey Dinner

The Father Tolton Knights of Columbus Council will be holding their Annual Steak & Whisky Scholarship Dinner on Friday, November 2, 2018 from 7-11 pm. \$40 per person includes a steak from Magro's Meat and Produce, baked potato, vegetable, salad, four whisky tastings and dessert from Pease's at Bunn Gourmet. Go to <https://kofc16126.bpt.me> to reserve your spot today!

MASS INTENTIONS FOR THE UPCOMING WEEK

Monday 24 September

7 AM - Russell Yanero (Bridgit Goett) 5:15 PM - Special Intention (Carl & Lou Ann Corrigan)

Tuesday 25 September

7 AM - Jim Warren (Family of Jim Young) 5:15 PM - Terry Rossi (Larry & Bev Hoffman)

Wednesday 26 September

7 AM - Mrs. Anna Halpin (Mary Jane Kerns) 5:15 PM - Melvin Wilmsmeyer (Kevin & Michelle Boschert)

Thursday 27 September

7 AM - Mrs. Anna Halpin (Mary Jane Kerns) 5:15 PM - Miles C. Filer (Premo & Kay Clay)

Friday 28 September

7 AM - Frances Schwarzkopf (John & Sandra Measki) 5:15 PM - Tina Howard (Phil & Joan LaRose)

Saturday 29 September

8 AM - Francis Schwarzkopf (Premo & Kay Clay) 4 PM - Eric Nelson (Family)

Sunday 30 September

7 AM - Mary Ann Midden (William Midden) 10 AM - Robert & Doris Hawthorne (Brian Heatherton)
5 PM - For the People

Like the Cathedral Weekly? Share this copy with a friend!



Straightening Out the Golden Rule

"Do unto others as you would have them do unto you."

We've all heard the Golden Rule a thousand times. We've all told people to remember the Golden Rule another thousand times. It seems, though, that nine times out of ten, when someone

tells you to remember the Golden Rule, what they're really saying is: "Don't do unto others what you wouldn't have them do unto you." The Golden Rule gets twisted into one more rule telling you what you can't do. This may seem subtle, but it's the difference between the sheep and the goats in Matthew 25:31-46, and that is the difference between heaven and hell. We learn to be nice and tolerant, we learn how not to hurt others, but we don't learn how to be kind or merciful, and we don't learn how to help others.

It's much harder to rise up from our bed of apathy and help others than it is to learn to leave other people alone. But that is the challenge we receive from the Gospel: to move from apathy to empathy. The first step we need to take is to consider what we "would have them do unto us." One of the greatest obstacles to extending mercy to a friend or a stranger is the nagging thought that they would much rather just be left alone. But it's precisely those moments when we're absolutely miserable to be around that we need mercy the most. Another obstacle can be the perception that "everyone" we show mercy to is ungrateful and unpleasant. Here we need to call on God to increase in us the gift of fortitude so that we can be bold enough to be merciful and fully live out the Golden Rule.

For a sterling literary example of courage and mercy, look no further than the character of Sam Gamgee. Consider this scene toward the end of *The Fellowship of the Ring*:

"Of all the confounded nuisances you are the worst, Sam!" he said.

"Oh, Mr. Frodo, that's hard!" said Sam shivering. "That's hard, trying to go without me and all. If I hadn't guessed right, where would you be now?"

"Safely on my way."



"Safely!" said Sam. "All alone and without me to help you? I couldn't have borne it, it'd have been the death of me."

"It would be the death of you to come with me, Sam," said Frodo, "and I could not have borne that."

"Not as certain as being left behind," said Sam.

"But I am going to Mordor."

"I know that well enough, Mr. Frodo. Of course you are. And I'm coming with you."

"Now, Sam," said Frodo, "don't hinder me! The others will be coming back at any minute. If they catch me here, I shall have to argue and explain, and I shall never have the heart or the chance to get off. But I must go at once. It's the only way."

"Of course it is," answered Sam. "But not alone. I'm coming too, or neither of us isn't going. I'll knock holes in all the boats first."

Frodo actually laughed. A sudden warmth and gladness touched his heart. "Leave one!" he said. "We'll need it. But you can't come like this without your gear or food or anything."

"Just hold on a moment, and I'll get my stuff!" cried Sam eagerly. "It's all ready. I thought we should be off today." He rushed to the camping place, fished out his pack...grabbed a spare blanket, and some extra packages of food, and ran back.

"So all my plan is spoilt!" said Frodo. "It is no good trying to escape you. But I'm glad, Sam. I cannot tell you how glad. Come along! It is plain that we were meant to go together."

This article was written by Br. Bartholomew Calvano, O.P., who received a B.A. in Molecular Biology and Biochemistry/Mathematics/Computer Science from Rutgers. He worked for two years with The Brotherhood of Hope, helping out with campus ministry at Northeastern University in Boston, before entering the Order of Preachers in 2015.

STEWARDSHIP



Stewardship Activity

Stewardship of Time

Did you know that Cathedral has daily confession? Experience God's love and mercy at Confession Monday thru Friday – 4:15PM to 5:00PM, Saturday – 9:00AM to 10:00AM and 2:30PM to 3:30PM, and Sunday – 4:00PM to 4:45PM

Stewardship of Talent

God has made you unique and blessed you with many talents! Share them with the Parish or your community, start today!

Stewardship of Treasure- September 15th & 16th

Envelopes: \$5,745.00
Loose: \$2,470.04
Maintenance: \$170.00

TOTAL: \$9,102.50

Needed to operate weekly: \$15,907.89

Difference: \$6,805.39

August EFT (\$16,984.00)

Sacraments

Please continue to pray for those listed on the online prayer wall. We have not had any recent funerals, weddings, or baptisms. Looking for sacramental information? Please contact the Parish Offices at 522-3342.

Scripture Questions

First Reading: WIS 2:12, 17-20

We hear from the Wisdom writer the mindset of those who oppose God. Where do you see this mentality in the world today?

Second Reading: JAS 3:16—4:3

James speaks of one's passions as the source of much conflict in the world and in ourselves. Which of your passions have caused conflict for you?

Gospel Reading: MK 9:30-37

Jesus teaches the disciples today that true discipleship requires humility and simplicity. In what ways is this condition of discipleship a challenge for you?



How Do We Begin Living a Stewardship Way of Life?

We tend to overcomplicate stewardship. We see it as a large task, a hurdle, a burden. Stewardship seems countercultural and unattainable. However, at the heart of discipleship and stewardship is

simply being willing to get on the cross with Jesus. He reminds us that we have a cross to bear, and we will all endure struggles. However, it is often through the struggles and adversity that the most joyful and grace filled moments present themselves.

I had someone ask me the other day if I believed in tithing. "Really, Katie, how do you make it work?" I understand that tithing is a leap for many of us. Considering that we are asking to give 10% of our time, our talents, and our treasures back to Him is a challenge for most Catholics that give 1-2%. So, how do I respond to that question. My first thought was how I would respond to Jesus. He might ask, "good and faithful servant... were you?" How am I to respond? Like this, "Sure did! I gave 10% to you!"... really? Is that all we have? Is that all I have budgeted for Him, for His church? Why am I even budgeting my faith life?

The first pillar of stewardship is prayer. Through prayer we are able to more deeply and fully commit our lives to Jesus. We

prioritize the Eucharist in our lives. We open our hearts and minds to follow Jesus' teachings, not just when and where we are comfortable but when and where we are uncomfortable. Are we comfortable praying before meals at a restaurant? Are we comfortable sharing a prayer with a friend or family member who has fallen away? Are we comfortable saying no to Sunday activities that may take us away from the Mass?

When we join Jesus on the cross it hurts! It is suppose to hurt. This last week I was able to listen to a Norbertine Canon of the Abbey of St. Michael, Fr. Sebastian Walshe, who reminded us that "If you don't have a cross, you are not following Jesus." We are meant to be uncomfortable when we sacrifice. We are meant to be uncomfortable when we evangelize. We are meant to be counter cultural, so that we can be witness to the Gospel in our daily lives.

So how do we begin living a stewardship way of life? We begin with prayer, with devoting 5%, 10%, 20% or more of our time to building a relationship with Jesus. As we live out this call to discipleship, we will find that we increase our stewardship in other ways. We will begin to prioritize our treasure and our talents. As you do these good works, be aware of the blessings you receive, despite the cross you bear. The fruits of this relationship with Jesus will be everlasting and grace filled!

Katie Price is the current Coordinator of Stewardship at the Cathedral. She can be reached at kprice@cathedral.dio.org.



How to Keep Your Faith When You're Just Not Feeling It

In 2014, I knelt in the pew at the Easter Vigil Mass having just been confirmed in the Church moments before. Many months of prayer, study, and conversion culminated at that moment, and my heart fluttered with excitement at the thought of receiving the Eucharist for the first time.

The emotions I experienced during this Mass were intense. Despite my deep-seated fear of discerning my vocation, the rush of devotion I felt made me pray more sincerely than I ever have, "Lord, I will do whatever you want me to do, even if it means the religious life or married life or being a missionary. I'll do it."

For the first few years after becoming Catholic, my new faith stirred my emotions almost constantly. At Mass, singing "Lamb of God" brought me to tears every week. Once, while praying at Eucharistic Adoration, I suddenly experienced a very real, overwhelming sense of being embraced by Jesus as he welcomed me home. And when I went to Confession, if acknowledging where I've fallen short of God's hopes for me didn't make me feel loved by a merciful God, then the priest's beautiful prayer of absolution certainly did.

I not only believed and appreciated the beauty of my new faith, but I also felt the beauty of Jesus Christ and the Catholic Church deeply in my soul.

But a few years after my initial conversion, I began to notice a gradual, creeping spiritual desolation — a sense of abandonment and darkness and a loss of the strong feelings of love and devotion I'd had early in my conversion. I still loved God, of course, perhaps even more than in years prior, but I felt less emotionally moved by that love. I left the confessional feeling hollow — like I'd heard the words of absolution with my ears, but not with my heart. In fact, I quite literally felt nothing, no matter the Sacrament, prayer, or devotion.

I became frustrated and confused, thinking this was some fault of my own. But my spiritual director reassured me that faith is not about our feelings, but about fidelity. He likened my relationship with Christ to a human relationship: We "fall in love," and the beloved is all we can think about. We're walking on air whenever we're around them. But after a few months or years, those feelings subside, and then the real work of love begins: loving even when we don't feel the emotional consolation of that love.

Thankfully, the truth of our faith isn't contingent on our emotions. Still, experiencing this spiritual desolation can be a bit unnerving

and confusing. Accepting spiritual low points as opportunities for growth is the first step; but once you've done that, there are a few helpful ways to keep your faith when you're just not feeling it:

Pray (even when you don't want to)

Once, I confessed to a priest that "I didn't feel like praying." He responded, "But did you pray anyway?" I told him yes, I did, and he assured me that praying, even when you don't feel like it, is actually quite virtuous.

When prayer feels especially difficult, I take the opportunity to pray in ways I haven't tried before, like the Divine Mercy Chaplet, the Divine Office, or a novena to a particular saint. More devotions won't necessarily help you recapture spiritual joy — and you shouldn't pray more for that purpose! — but prayer is essentially extending your heart to God. He reaches back for you, even if you can't feel it at the moment.



Grow in knowledge, grow in love

After losing a close family member, I struggled with understanding and believing what happens to a soul after death. This struggle made me feel farther from God than I'd ever been.

Along with honest prayer, learning what the Church teaches on this matter by consulting the Catechism, Scripture, and Catholic writers helped me grow in knowledge of God. Specifically, I read articles by Tim Staples and Jimmy Akin of Catholic Answers during this struggle. Their theological explanations of the great love God has in preparing a place for us in Heaven and giving us the grace here

on Earth to get there helped me come to love God more. In times of spiritual drought, focus on the intellectual side of faith by reading the Bible, studying the Catechism, consulting with priests, and reading helpful articles.

Turn your faith into action

Though you may not feel the presence of Christ emotionally, you can find him in serving others — whether that means volunteering at a soup kitchen, serving at a parish event, or doing something selfless for your family or spouse. For me, making dinner for my parents on the weekends and doing an extra chore or two around the house to lessen the burden on my husband really helped me to stop focusing so much on myself, and instead, focus on loving those closest to me.

Continued from p. 6



Fall Faith Formation Programs at Cathedral

We are excited to announce a series of faith formation programs at the Cathedral this fall! Please bring a friend and join us for any or all of these formative programs. All are welcome and we will do our best to provide light hospitality. If you have any questions, please contact Katie Price at kprice@cathedral.dio.org.

Book Study

Facilitated by parishioner Mary Francis and open to all, the book study group will choose a book on saints, spirituality, prayer, Church teaching, or something else to read and discuss. Bring your book suggestions and a snack to share if you like.
Cathedral School Hall, Wednesdays beginning September 19, 6:30-8:00pm

Bible Study

With men and women of Cathedral parish on the first and third Tuesday of the month beginning on September 18. Facilitated by parishioner Larry Travis.
Cathedral parish library, 1st and 3rd Tuesdays beginning September 18, 6:15-7:45pm

Catholicism Series

Bishop Robert Barron journeys around the world and deep into faith to teach us what Catholics believe and why. This video and discussion program uses the spiritual and artistic treasures of the Faith to illuminate the key teachings of the Church. Facilitated by Vicki Compton.
*School Hall, Tuesday mornings
September 18-November 20, 10:00-11:30am*

The Mystery of God: Who God Is and Why He Matters

Join Father House for a DVD presentation by Bishop Robert Barron followed by discussion. This series will explore the mystery of the Triune God as understood in the Church's Tradition and taught by such individuals as St. Augustine, St. Thomas Aquinas, and Pope Benedict XVI.
Cathedral Atrium, Tuesdays September 25th and October 2nd & 9th, 7:00pm

Festival Choir Concert

Choirs from throughout the diocese will come together for a musical celebration of the 90th anniversary of the Cathedral.
Cathedral, Saturday, October 13, 7:00pm

Priest, Prophet, and King

The three-fold ministry in which all of the baptized share comes from Jesus himself as Priest, Prophet, and King. Father House will present this DVD series by Bishop Robert Barron that explores who Jesus Christ is as God-made-man and Savior of the world.
Cathedral Atrium, Tuesdays October 23rd, 30th, & November 6th, 7:00pm

The Last Things

As the Church year comes to an end and the faithful are reminded to turn their attention to the Second Coming of Christ, Father Stock will explore the concept of the Four Last Things as taught by the Church: Death, Judgment, Heaven, and Hell.
Cathedral Atrium, Mondays November 19th & 26th, 7:00pm

Continued from p. 5

Continue to make the Sacraments

Even if you don't feel the consolation you once did when going to Mass or Confession, keep going anyway. Just because you don't feel a rush of love and devotion when receiving the Eucharist or deeply sense God's mercy after Confession doesn't mean that sacramental grace isn't working within you.

When I started focusing more on the different parts of the Mass and truth of the Eucharist and less on how going to Mass made me feel, I actually experienced even more awe of the Sacrament. I came to realize that the truth of Christ's presence remained even when my emotions didn't reassure me.

Times of spiritual desolation are actually a great grace because they allow us to come to love Jesus for his own sake — not for the warm, fuzzy feelings we get when we go to Mass. Learning to embrace spiritual low points and make them fruitful not only

benefits our souls immensely but can make times of spiritual consolation even sweeter.

Sarah Coffey is a freelance writer and copy editor as well as an archives assistant for the Archdiocese of St. Louis. She and her husband, Jesse, both converted to Catholicism in college, and they reside in the St. Louis area with their cat Stella. She blogs at sarah-coffey.com/blog. The original article can be found on the Busted Halo blog: <https://bustedhalo.com/ministry-resources/how-to-keep-your-faith-when-youre-just-not-feeling-it> and is used with permission.

Sharing the Gospel

Even though they were friends, sometimes the disciples fought with each other. In today's Gospel reading, they were fighting over who was the most important. All twelve of them wanted to be number one-the best disciple. Then Jesus told them a secret. The best disciple is the one who helps other people.

Let Us Pray

Lord,

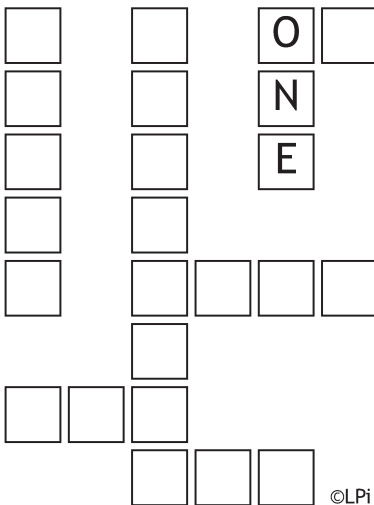
Dear God, when I am tempted to fight with my friends, show me ways to help them instead.

Amen.

Empty Squares

Fit this Gospel message into the empty squares:

Which one of them was the greatest?



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Mission for the Week

Ask your family members how you can help each of them this week. When you help them with a cheerful heart, God smiles.

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Growing with the GOSPEL



Mark 9:30-37 ■ 25th Sunday in Ordinary Time

CYCLE B



Read the Gospel and Color



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Name _____

