

ISSUE NO. 66

25 NOVEMBER 2018

# *Cathedral* WEEKLY

## THE SOLEMNITY OF OUR LORD JESUS CHRIST, KING OF THE UNIVERSE

CHRIST THE KING | FR. CHRISTOPHER HOUSE  
STEWARDSHIP GPS | KATIE PRICE

ADVENT READING RECOMMENDATIONS FROM WORD ON FIRE | ELIZABETH SCALIA  
BECOMING TRAUMA-AWARE AND READY TO SERVE | ERICA SMITH

# Cathedral WEEKLY

THE MOST REVEREND THOMAS JOHN PAPROCKI  
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MASS TIMES: SAT 4PM, SUN. 7AM, 10AM, 5PM  
WEEKDAY MASSES: MON. thru FRI. 7AM, 5:15PM and SAT. 8AM  
RECONCILIATION (CONFESSIONS): MON-FRI 4:15PM- 5PM, SAT. 9AM-10AM, 2:30PM-3:30PM, and SUN. 4PM-4:45PM

Diocesan Victim Assistance is available. For the Diocesan Victim Assistance Coordinator, please contact: Patricia Kornfield at 321-1155.

## Welcome to the Cathedral of the Immaculate Conception!

On behalf of our bishop, the Most Reverend Thomas John Paprocki, our parishioners, deacons, and priests, I welcome you to the mother church of the Diocese of Springfield in Illinois.

The seat of the diocese was moved to Springfield from Alton in 1923. In the same year, "Old St. Mary's" church of Immaculate Conception Parish was named as the pro-cathedral of the new diocese until this cathedral church was built and dedicated in 1928. Currently, our diocese comprises twenty-eight counties in central Illinois, serving over 140,000 members of the Catholic faithful.

I hope that your visit to our Cathedral is one of grace and beauty and that you feel at home in the mother church. I also hope that you will find this edition of the *Cathedral Weekly* to be both informative and spiritually enriching. May God bless you and yours!

## MASS INTENTIONS FOR THE UPCOMING WEEK



Very Reverend Christopher A. House  
Rector

### Monday 26 November

7 AM - Betty Rhodes (Anonymous)

5:15 PM - Rovey & Casey Families (Family)

### Tuesday 27 November

7 AM - Jane Burmeister (Friend)

5:15 PM - Special Intention (Carl & Lou Ann Mack)

### Wednesday 28 November

7 AM - Dolores Bentley (Carol McCue)

5:15 PM - Barry Joseph Beagles (Leah, Sue & Jack Billington)

### Thursday 29 November

7 AM - McGrath Family (Family)

5:15 PM - Special Intention for Biacna (Doris Drago)

### Friday 30 November

7 AM - Edith Reagan (Family)

5:15 PM - Paul Lannan (Bill & Wilma Sinnott)

### Saturday 1 December

8 AM - Joseph McGrath (Family)

4 PM - For the People

### Sunday 2 December

7 AM - Pat Craig (Family)

5 PM - Mark Atwood (Colleen Atwood)

10 AM - Charles Wombwell (Eleanor Wombwell)

Like the Cathedral Weekly? Share this copy with a friend!





## Christ the King

This weekend the Church celebrates the Solemnity of Our Lord Jesus Christ, King of the Universe, popularly referred to simply as "Christ the King." This Sunday is also the last Sunday in Ordinary Time and the last summer of the Church year. The Church year begins anew next Sunday, the First Sunday of Advent. Pope Pius XI

established the Solemnity of Christ the King in 1925 in response to an increasing rise in secularism and extreme nationalism. The purpose of this solemnity is to remind us of the Lord Jesus's sovereignty over everything: society, government, nations, families, and individuals.

The Gospel for the feast this year is taken from the eighteenth chapter of St. John's Gospel with Pilate's interrogation of Jesus. The encounter between the Lord and the Roman Procurator juxtaposes two opposing views of kingship: earthly and heavenly. First, Pilate shows contempt for the Jewish people in answer to Jesus's question about how Pilate knows about him. Pilate knows what he knows about Jesus primarily by being

informed by the chief priests who have brought Jesus to Pilate. Pilate is a poor governor who sees no need to be involved in the details of the lives of the people he is responsible for. The opposite is true of Jesus who, while Lord of heaven and earth, is intimately concerned about each and every one of us.

Next, the two continue their interchange about the Lord's kingship, focusing on the Lord's kingdom. Jesus is clear to Pilate that his kingdom is not of this world, but this is a concept that is beyond Pilate who is only concerned with the cares of the world and its allurements. The same was true for Herod when Jesus was born. The newborn king had neither designs on Herod's

throne nor any design on Roman power some thirty-plus years later. The Kingdom of God must first be established in the hearts and minds of people before it takes any temporal form. When the Kingdom is firmly established in our lives then it will naturally occur in the world at large.

Finally, the two arrive at the question of truth. Jesus states: "for this I was born and for this I came into the world, to testify to the truth. Everyone who belongs to the truth listens to my voice." There is no way to unpack the richness of the Lord's statement in this small space. The truth that Jesus speaks of is the Father's desire for all creation to live in peace and right relationship with him, totally free from sin and death. In fact, Jesus is the embodiment of the Father's desire in that he is the ultimate sacrifice that makes this right relationship possible, thus Jesus is

rightly called "the Truth" itself (see John 14:6).

The interchange between Jesus and Pilate shows us that Jesus is ultimately an inconvenient truth for Pilate. He is not prepared to accept the Truth that Jesus proclaims because, to be able to do so, Pilate must accept the fact that life is not about him, his desires, or his whims. The same is true for us. For Christ to truly reign in our lives, we must be prepared to accept him and what he asks completely: not "mostly," not

"everything but a small portion," but 100% and nothing less. Only when we accept Jesus and his Kingship completely into our lives will his reign be established in us and then in the world.



*Father Christopher House is the Rector of the Cathedral and serves in various leadership roles within the diocesan curia, namely Chancellor and Vicar Judicial.*

# STEWARDSHIP



## Stewardship Activity

### Stewardship of Time

Have young ones in your family? Add an Advent/faith based book to your bedtime stories!

### Stewardship of Talent

Do you have any special family traditions during Advent? Think about sharing your voice by caroling or visiting the homebound or sick.

### Stewardship of Treasure- November 17th & 18th

Envelopes: \$7,046.60

Loose: \$2,192.00

Maintenance: \$100.00

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Total: \$9,338.60

October EFT (\$17,501.20)

## Sacraments

Please continue to pray for those listed on the online prayer wall and in our daily intentions. We have not had any recent funerals, weddings, or baptisms. Looking for sacramental information? Please contact the Parish Offices at 522-3342.

## Scripture Questions

First Reading: DN 7:13-14

The prophet Daniel foresaw the "coming son of Man." In what ways do you see this prophecy as a vision of Jesus Christ?

Second Reading: RV 1:5-8

The opening verses of the Revelation of John affirm Jesus as "the firstborn of the dead and ruler of the kings of the earth." How is this belief about Jesus fundamental to our faith as Christians?

Gospel Reading: JN 18:33B-37

During his trial, Jesus tells Pilate that his followers "listen" to his voice. How is listening to Jesus' voice a spiritual exercise for you?



## Stewardship GPS

Does your GPS act up like mine? Sometimes I wonder if the GPS has a mind of it's own and is playing tricks on me. From avoiding certain intersections to unforeseen construction, my GPS is not always the most reliable. However, it always points to my destination!

Think about a Stewardship GPS (Give, Pray, Serve) with me for a minute. We are all pointed in the right direction, yet somehow we run into roadblocks along the way. Missing Mass one Sunday, arguing with a loved one, or any of the sins that cross our paths, provide roadblocks to our destination. As much as we try, the destination often seems too far away or inconvenient to get to. As we prepare to enter into the Advent Season, I would first like to turn your attention to an upcoming day of giving, Giving Tuesday. Think of Giving Tuesday like a rest area along the highway, a quick stop to stretch and rejuvenate. We can utilize our Stewardship GPS to get us back on course, rejuvenated and ready! By giving, praying, and serving we can navigate to a deeper relationship with Jesus and become intentional disciples.

Giving Tuesday is celebrated on November 27, 2018 and is promoted as a global day of giving. While the day has increased in awareness and popularity since its inception in 2012. Last year, all types of nonprofits received over 2.5 million gifts which totaled more than 300 million dollars all raised in ONE day! Those numbers are a tremendous example of generosity in a world that sometimes seems to emphasize individualism and consumerism over philanthropy.

So, how can we as Catholics participate in Giving Tuesday? How about responding as a Catholic Steward? Think about your

Stewardship GPS. Just as a GPS navigates us to our destination, stewardship helps us navigate our faith life. Here at Cathedral, we will be posting opportunities to use our Stewardship GPS to Give, Pray, and Serve. We invite you to join us.

On November 27th:

- Join us for Mass at 7AM or 5:15PM
- Come in for Confession from 4:15PM- 5:00PM
- Take time reading the Scriptures for the day, easily found on USCCB's website (<http://usccb.org/bible/readings/112718.cfm>)
- Pray for those listed on the online prayer wall or listed as a Mass Intention for the week Consider serving at your favorite organization that day or contacting an organization about volunteering
- Call a friend and invite them to an upcoming faith formation event or next Sunday's Mass
- Share with us how you use your Stewardship GPS on Giving Tuesday by engaging in the conversation on Facebook or with your peers. We are all blessed in abundance by God. Let us lead the way (GPS!) by our example on Giving Tuesday!

*Katie Price is the Coordinator for Stewardship at the Cathedral. She can be reached at [kprice@cathedral.dio.org](mailto:kprice@cathedral.dio.org).*

For more information on Giving Tuesday:  
<https://www.givingtuesday.org/>

To join the conversation on Cathedral's  
Facebook page go to:  
<https://www.facebook.com/spicathedral/>





## Advent Reading Recommendations From The Word On Fire Team

Thanksgiving is upon us and then we fall very quickly into all of the busyness of the Christmas season. Since Advent begins on December 2, this is a very good week to prayerfully consider what sort of Advent reading will best feed our spirits and help us—amid all the tight schedules—to remain connected to this season of expectation, discovery, and enduring, mysterious love. Particularly at a time when the world feels volatile and dark, we need Advent's promise of an ever-burning Light, and to stay in touch with it.

With that in mind, here are some suggestions for Advent reading, offered by members of the Word on Fire team.

*Jesus of Nazareth: The Infancy Narratives* by Pope Benedict XVI. Published in 2012, Benedict's focus on Jesus' birth and what the Gospel tells us about childhood and Mary and Joseph makes for compelling and instructive reading:

Jesus' origin, his provenance, is the true "beginning"—the primordial source from which all things come, the "light" that makes the world into the cosmos. He comes from God. He is God. This "beginning" that has come to us opens up—as a beginning—a new manner of human existence. "For to all who received him, who believed in his name, he gave power to become children of God; who were born, not of blood nor of the will of the flesh nor of the will of man, but of God" (Jn 1:12f).

*The Life of Christ* and *The World's First Love: Mary, Mother of God*, both by Archbishop Fulton J. Sheen are twin Advent suggestions that show this great evangelist—who reminds us that "If Christmas were just the birthday of a great teacher, like Socrates or Buddha, it would never have split time into two, so that all history before the advent of Christ is called B.C. and all history after, A.D."—at his teaching best.

"Love burdens itself with the wants and woes and losses and even the wrongs of others," Sheen says in the *Life of Christ*. And then, of *The World's First Love*, he writes: "The mystery of the Incarnation is very simply that of God's asking a woman freely to give Him a human nature."

Good heavens, just two lines and there's a week's worth of Advent lectio!

*Watch for the Light: Readings for Advent and Christmas*, by Dietrich Bonhoeffer, T.S. Eliot, Edith Stein, Alfred Delp, S.J., Thomas Merton, Madeleine L'Engle, Gerard Manley Hopkins, Kathleen Norris, Philip Yancey, and many others. A tremendous

anthology of inspiring, illuminating Advent and Christmas meditations delivered through prose and poems. Some readings are suitably brief and others a bit lengthier—Alfred Delp's reading is thirteen pages long and worth every line!

*The Story of Holly and Ivy*, by Rumer Godden, Artwork by Barbara Cooney. One to read aloud with the kids over the course of a few evenings, it is a suspense builder. An orphan named Ivy dreams of having a real home and sets out in search of the grandmother she thinks she can find. Meanwhile, Holly, a doll, wishes for a child to bring her to life. And then there is the Jones family. It's a delightful read. Older children might enjoy reading *The Kitchen Madonna* in Advent, as well.

*The Life of Mary, as Seen by the Mystics*, by Raphael Brown. Completely in line with the Gospel narratives, this book nevertheless reads like a novel as it relates what various recognized mystics have seen and heard from Mary and her holy and altogether unique standing within humanity.

*To Know Christ Jesus*, by Frank Sheed. "When someone tells me they want to 'deepen their personal relationship with Jesus,' this is the book I give them," says our team member. "From a devotional standpoint, this is simply the best life of Christ I've read. Sheed writes about Jesus with remarkable clarity, charm, and enchantment." An intensely personal look at Jesus Christ, and very suitable for Advent.

*The Everlasting Man*, by G.K. Chesterton. Recommended by two separate members of the Word on Fire crew, one of whom specifically recommends reading the first chapter of the second part, entitled "The God in the Cave." Coming in at less than twenty pages, it explores "the joyful paradox of the birth of Christ, a paradox that turned the whole cosmos inside out and made humanity's good dreams come true."

*On the Incarnation*, by Saint Athanasius. One of our team members calls this his "favorite book on Christianity's most 'distinctive' doctrine (CCC 463). He adds, "St. Athanasius presents a beautiful exploration of who and what the God-man is and what the Incarnation means for the world."

If you're afraid reading something so ancient may be too daunting, this recommendation comes with two further suggestions. The first: a bit of "Do not be afraid" bit of encouragement. "Many Christians hesitate to read the Church Fathers because they're afraid they'll be smothered with dusty complexity. But that's not Athanasius. His writing is deep and ancient but also clear and accessible. Even sixteen centuries later, it's still lucid and remains the most important book on the Incarnation."

Secondly, we are urged to, if possible, try to get our hands on an edition that includes an introduction by C.S. Lewis, who also encourages the reader to put away all fear of such a classic.

**Continued on pg. 6**

## Continued from pg. 5

Finally, because sometimes it's nice to be quiet and let the subconscious mind work on what we've read while we are otherwise engaged, Daniel Mitsui's *The Mysteries of the Rosary: An Adult Coloring Book* might be just the thing for those

evenings when the wind is howling, and a little quiet is all we really want or need.

*Elizabeth Scalia is a Benedictine Oblate. Her work can be found on the Word on Fire Blog and is used with permission.*



## Becoming Trauma-Aware And Ready To Serve

In an episode of *Call the Midwife*, young nurse Jenny Lee works with a teenage-girl who has lived a life of poverty. A Catholic priest, who oversees the home where the girl has been sent to escape an abuser, tells an angry and distraught Jenny:

"Poverty isn't bad housing or dirty clothing. It's never having been loved, or even respected. It's not knowing the difference between love and abuse."

This description of poverty was particularly striking to me as a Catholic and because at the time I was trying to devise a health education session specifically for people who have high blood pressure and are homeless. It's well known that people who live in poverty often don't do what they are "supposed" to – whether it's take their medicine or hold down a job. Why is that and what can we do about it?

As I went through the various behavior change models, trying to convince my homeless clients to take even small steps to improve their lives, I found that traditional approaches for behavior change make two key assumptions that weren't applicable to the people I was working with: first, traditional methods assume the sole responsibility for changing is on the individual. Secondly, they assume all people view themselves as worthy of good health and a good life. But these faulty assumptions create a disconnect that can harm the very people we are trying to help – and it ties back to the description of poverty given by Father Joe on *Call the Midwife*.

I then happened to attend a trauma-informed care training. Trauma-informed care is based on research that has been around for 20 years, and it changed how I saw and did everything as I interacted with people living in poverty. Most importantly, it gave me tools to connect with my homeless clients as we talked about their health and lives.

The idea is that emotional trauma – abuse, neglect, living in poverty – alters a person's brain and body, and leaves them much more likely to suffer poor health and social outcomes. And while trauma affects all demographics, its effects are most severe in vulnerable populations, such as those who live in rough households, or distressed neighborhoods. There is hope, though.

With trauma-informed schools, churches, hospitals, and social services, we can help people and communities build resilience and heal.

We are called to serve the poor and vulnerable among us; we must see that poverty is more than a lack of material resources. Therefore, our first step is to become trauma-informed and build our services upon this foundation. As we encounter the homeless, the incarcerated, the addicted, and those living in poverty or abuse, we then will open ourselves to a greater empathy and compassion in a productive, respectful manner.

Trauma-informed care is a tool that helps us be better servants to those who need us most.

*Erica Smith is the executive director of Helping Hands of Springfield, a non-profit organization in Springfield that serves people who are homeless or at risk of homelessness. She is also a SAMHSA (Substance Abuse and Mental Health Services Administration)-certified Trauma-Informed Care educator.*

If you are interested in helping our parish discern how to better care for those in need, please come on Monday, December 10, at 6 p.m. to the Atrium for a 45-minute presentation called "Healthy Spaces for Helping." This is a session about the effects of trauma (abuse, neglect, living in poverty) on children and adults. We'll learn about why being trauma-aware is essential to responding to the needs of our community, particularly people and populations who are homeless or who live in poverty. If you are interested, please contact Vicki Compton at [vcompton@cathedral.dio.org](mailto:vcompton@cathedral.dio.org) or by calling 522-3342. All parishioners and friends of the Cathedral are welcome!



## Sharing the Gospel

Today is Christ the King Sunday. Instead of using his power selfishly to get whatever he wanted, Jesus used his power to free people from sickness, from death, and from evil. Jesus came to tell us the truth about God. Now we need to listen to the voice of Jesus and follow his example.

## Let Us Pray

Dear God,  
Thank you for sending Jesus to be our loving king.  
Amen

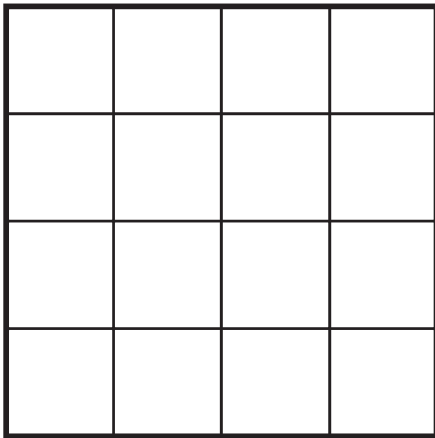
## Something to Draw

Draw a picture of Jesus wearing a crown of thorns.

### Puzzle



Enlarge the picture square by square.



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### Mission for the Week

We "listen to Jesus" when we follow his example.  
This week, let others go first when you play a game.

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Growing with the  
**GOSPEL**



John 18:33b-37 ■ Christ the King  
CYCLE B



### Read the Gospel and Color



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COLORING GRAPHIC: B161ChKing\_gg5.tif

Name \_\_\_\_\_

